

WORKSHOP

Beyond academia: career strategies for women with doctorates

19.11.2019

10.00-17.00, IDHEAP 003

Description and objectives:

This workshop offers a platform to reflect on gender specific issues in career development, addressing questions such as: What is important to consider? Where are challenges and possible traps? How to make decisions considering one's own career goals and family planning? How to negotiate (salary, in interviews) and deal with difficult questions? Using career development tools like the career anchor and the skills profile, the workshop will focus on issues women may encounter in their professional life. Working with their own concrete concerns, questions and situations, participants will work out a strategy for their next career steps and outline individual action plans.

Content:

- Career Anchor (E. Schein & Van Maanen)
- Skills profile and elevator pitch
- Harvard concept for negotiations, e.g. salary negotiations
- Group coaching for analysing case examples

Methods:

Inputs, individual work, exchange in groups, group coaching (peer coaching). The participants are motivated to reflect on their own career options in exchange with the group.

Preparation:

See instructions and material on Moodle.

Trainer:

Dagmar Engfer, coach et career development consultant

Language:

The workshop will be led in English but participants are free to speak in French or English.

Coaching:

As a follow up to the workshop, participants will have one 1-hour individual coaching session in order to build on their thinking and develop the tools introduced during the workshop. Instructions for preparation will be available on Moodle.