



| le savoir vivant |

broaden your  
knowledge  
in physical  
education  
didactics

# Master of science (MSc) in physical education and sports didactics

## GENERAL OUTLINE

### Objectives

The Master of Science in Physical Education and Sports Didactics is delivered jointly by the University of Lausanne and the University of Teacher Education of the Canton of Vaud (HEP-VD). It offers a balanced combination of the professionalizing approach of the HEP Vaud and the academic approaches of the UNIL.

### Career prospects

This Master's course enables students to acquire a combination of formal qualifications, skills and experiences that support training for teacher trainers in physical education. The qualification meets the minimum conditions to become a trainer in physical education and sports didactics in teacher-training colleges and institutes, including in continuing education. It provides access to PhD studies in physical education and sports didactics.

In addition to these specific skills, studies in higher education institutions allow students to acquire a great many transverse skills such as: oral and written communication, critical, analytical and summarising faculties, abilities in research, the learning and transmission of knowledge, independence and the ability to make judgements in the field of specialisation and overlapping areas.

This panoply of skills is excellent preparation for a wide range of employment opportunities such as:

- Training in teacher-training colleges and institutes in Switzerland and abroad
- University research or work in other organisations in the field of physical education didactics
- Responsibility for teacher-training courses
- Responsibility for training in a business or administrative body.

**Please note that this Master's course is not a teaching diploma.**

[unil.ch/perspectives/unil-et-apres](http://unil.ch/perspectives/unil-et-apres)

## GENERAL INFORMATION

### Organisers

Faculty of Social and Political Sciences of the University of Lausanne, and University of Teacher Education of the Canton of Vaud (HEP-Vaud)

### Degree awarded

Master of Science (MSc) in Physical Education and Sports Didactics

### ECTS credits

90

### Duration

3 to 4 semesters

### Teaching language

French. Recommended level: C1  
A good level of English (B2) is recommended for reading scientific literature.

### Contacts

HEP Vaud  
[etudiants-madeps@hepl.ch](mailto:etudiants-madeps@hepl.ch)

### UNIL

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### More information

[hepl.ch](http://hepl.ch) > Formations > Offre de formation de la HEP Vaud > Master en didactique de l'éducation physique et du sport  
[www.unil.ch/ssp/master](http://www.unil.ch/ssp/master) > Didactique de l'éducation physique et du sport

## EDUCATIONAL CONTENT

### Description

The programme allows you to broaden, further and complete your knowledge in physical education didactics.

After the completion of the course, you will be able to:

### Knowledge and understanding

- describe theoretical concepts and research methods in physical education and sports didactics (PES);
- identify appropriate tools for analysing teaching and training situations;
- describe the performance factors and pedagogical methods that support learning in PES;
- master the basic physical and theoretical aspects of different families of sporting disciplines taught in a school context;
- develop professional know-how.

### Application of knowledge and understanding

- apply the concepts of PES didactics to analyse PES training and teaching situations;
- develop and resolve problems in the field of PES training and teaching.

### Ability to form judgements

- produce a critical analysis of PES teaching and training situations in light of the process implemented and objectives set;
- take a critical view of the various theoretical and professional approaches in PES didactics.

### Communications skills

- present and communicate research results (orally and in writing) to the scientific and professional community.

### Capacity for independent learning

- demonstrate the ability to reflect and work (alone or in a group) by undertaking research on PES teaching and/or training;
- adapt quantitative or qualitative research methodologies to research questions in the PES field;
- identify and create innovative PES teaching and training programmes, particularly using new technologies.

## SYLLABUS

The Master's in Physical Education and Sports Didactics is a 90-credit course, plus 30 refresher course credits depending on your background, split over three to four semesters of full-time study. The programme structure is as follows:

### Refresher programmes

It is possible to follow a refresher programme alongside the initial teaching on the Master's programme for students who hold one of the Bachelor's degrees required for admission (see opposite "Admission requirements").

For holders of other qualifications, any refresher course credits in excess of 30 ECTS must be obtained prior to starting the Master's programme.

### Master's programme (90 ECTS)

- Compulsory or optional teachings module – 54 ECTS credits
- Placements – 6 ECTS credits
- Master's dissertation including dissertation workshops – 30 ECTS credits

## PRACTICAL INFORMATION

### Admission requirements

The following may be admitted to the Master's degree: students meeting the registration and enrolment conditions of the University of Lausanne and the HEP-Vaud who are in possession of a Bachelor's in primary education awarded by HEP Vaud, a Bachelor's or Master's in "Sports Sciences" from the University of Lausanne or a secondary school PES teaching diploma.

Students holding another Bachelor's degree awarded by a Swiss university or a qualification deemed equivalent may be admitted with possible course additions specified by the Science Committee.

Enrolment on the programme is via the HEP-Vaud. Formal admission is pronounced by the Management Committee of the HEP-Vaud according to the recommendation of the Scientific Committee.

### Final enrolment dates

It is possible to start the programme of the Master of Science in Physical Education and Sports Didactics degree in the autumn semester. Applications to be submitted before 30 April to the HEP-Vaud:  
[candidat.hepl.ch/madeps/admissions](http://candidat.hepl.ch/madeps/admissions)  
Candidates needing a visa to study in Switzerland: 28 February.

### Start of courses

Mid-September  
Academic calendars:  
UNIL: [www.unil.ch/central/calendar](http://www.unil.ch/central/calendar)  
HEP: [hepl.ch/cms/accueil/formation/calendriers-et-horaires.html](http://hepl.ch/cms/accueil/formation/calendriers-et-horaires.html)

### Part-time Master's degree

Under certain conditions, a Master programme can be followed part-time. Please refer to the HEP-Vaud for admission requirements.

### General information on studies, guidance

[www.unil.ch/soc](http://www.unil.ch/soc)

Version: March 2023  
Subject to changes  
Only the official texts should be considered binding.

[www.unil.ch/masters](http://www.unil.ch/masters)

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